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HEART Community Group Newsletter #6

March 2023

Recent News

On Monday 20th March, the IPCC published their AR6 Final Report. No real new data – more of a synthesis.

Here's a [BBC report](#) summarising the five things we learned.

It's been described as another 'Final Warning' to the world. In the next decade, we will now almost certainly pass 1.5 degrees of warming over pre-industrial levels – which was the 'safe limit' agreed in Paris in 2015. We will also sail past 2 degrees, and many scientists are predicting we're on track for 4 degrees or more.

The amazing Dave Borlace has just released this excellent short summary of the report in "[Just Have a Think.](#)" Do give it a watch.

This [Guardian article](#) explains more.

Is anybody listening, we wonder?

One new approach is to translate 'into human' the words of climate scientists, using well-known comedians. [Here's an example](#) with Professor Bill McGuire from UCL and Kiri Pritchard-McLean (swear warning).

HEART Out and About in Hertfordshire

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January

HEART's first ever AGM - a lovely evening sharing food, news and support.

February

Letchworth Vutiebeets Café, with Kimberley Hare

Emotional Resilience session in St Albans, with Chantal Burns

March

In late March, Kimberley Hare spoke at Sir John Lawes School, Harpenden as part of an Inter-generational Conversation Café on how young people could engage with the metacrisis, and make a difference. Read the blog about this event [here](#).

Also in March, we spoke on a panel as part of "Truth for a Change" Talks at Hitchin Town Hall, organised by the Green Party.

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TRUTH FOR A CHANGE

CLIMATE ACTION TALKS AT HITCHIN TOWN HALL

MONDAY, 27. MARCH, 19:00

FROM ANXIETY TO ACTION

Alana Sinclair - Cambridge Carbon Footprint
Jo Heneker - Sust. Consulting
Kim Hare - HEART community group

Climate Cafes

Over the past quarter, we have visited Climate Cafes in Bishop's Stortford and Hertford, where we found a warm welcome.

These are springing up in various towns across Hertfordshire – a great place to share your feelings with others about the climate and ecological crisis.

If you'd like a local climate cafe listed on our '[Support](#)' page, please get in touch.

Conversations with HEART

Catch up on our recent conversations on our [YouTube channel](#).

[Rupert Read](#) Conversation: Update on the Moderate Flank (or Climate Majority Project)

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Conversation with [Michael Shaw](#) – Creator of the award-winning documentary “Living in the Time of Dying.”

Upcoming Events

Find out more about all of these events on [our website](#).

Saturday 1 April: In person Workshop on Emotional Freedom & Resilience in Turbulent Times with Chantal Burns

Tuesday, 4th April: A Zoom Conversation with Steph Killingbeck: Part of our Conversation Series “Living Well Now”

Tuesday 18 April: A Zoom Conversation with Kate Swindells on Sopwell Eco-Stars - Part of our Conversation Series “Adapting for an Uncertain Future”

Thursday, 20th April: A Zoom Conversation with Sarah Burgess on Transition Streets and Community Energy Ownership. Part of our Conversation Series “Adapting for an Uncertain Future”

Thursday, 27th April 2023: A Conversation with Zoe Blackler, Founder of KAIROS. Part of our Conversation Series “Adapting for an Uncertain Future”

“The Edge” Retreat 7: 10 May 2023, Hunton Park Hotel, Hertfordshire. A 4-day deep dive to help you stand tall and face all this with resilience, courage and clarity and to answer the question “What is MINE to do?”

Saturday 20th May 2023: Baldock Eco-Fest. Come and say ‘hello’ at the HEART Community Group gazebo! Here’s HEART’s own Nicky Clark at last year’s Eco-Fest with her e-bike.



New Blogs from HEART

Finding your Thread: Towards answering the Question “What is Mine to Do?”

Yes, we have no Cucumbers

Young People Deserve (and Want) to Hear the Truth: Describes a fabulous Intergenerational Climate Conversation held at Sir John Lawes School in Harpenden

You can find our earlier blogs on our **website**.

Featured Group

Cadence Roundtable is a fabulously useful resource staffed with lovely people.

It's not Hertfordshire-based, but we have a strong relationship with them.

They provide a confidential and supportive space for anyone in government or the voluntary or private sector, who sees the need to prepare society for environmental breakdown.

They offer great free events which you can register for no matter who you are or where you live.

We highly recommend this one coming up in April, a repeat of a webinar we attended in February.

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The global food system is facing crisis – and we have only just begun to see the impacts of climate change. Food security in the UK is under pressure from war in Ukraine, Brexit, soil degradation and a squeeze on the supply of fertiliser – and in 2022 unprecedented droughts across the northern hemisphere. The poorest households are already under stress; now rising both food and energy prices threaten a public health emergency.

To attend [register here](#).

Things to read and watch

We recommend watching this 38 minute documentary about [how communities across Europe are taking control of their energy](#).

[UK Risks Report February 2023](#)

A very useful report by the Schumacher Institute showing how the risks we face are all inter-connected. Emphasises that there is still so much we can be doing. Worth reading.

[FASTER THAN EXPECTED](#) ...why most climate scientists can't tell the truth (in public.)



That's it for this newsletter. We hope you find it useful and hope you join in with us in the coming months.

Lots of love,
Kim, Kate and Chantal
HEART Community Group

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