Mutual Aid, Community Resiliency, Disaster Collectivism: some resources

How to create 'neighbourhood Pods": <u>https://davenportmutualaid.ca/</u>

The key link to their support document on that site is dead, but I managed to find the link:

https://docs.google.com/document/d/17iMBTzaM4tPsUymwyiEqOcOAiHVKiXN3XSjJ26TBKM/edit#

This "Dear Neighbour" letter is also an important initiative: <u>https://docs.google.com/document/d/1HRImKFTfw7tWoyCU72XbACDR71q10hny/ed</u> <u>it</u>

Community Resiliency - The Checklist: https://localresilienceproject.org/resilience-checklist/ https://www.peakprosperity.com/what-should-i-do/

Great self-assessment resilience checklist broken down into preparedness categories: community, emotional, practical, food, water, shelter, energy, transportation, finances, safety and security, health and wellness, technology and communication.

How to set up a Resilience Circle: Resilience Circle Curriculum https://localcircles.org/.../six-session-facilitators-guide/

Over 300 'How to Guides' to Help You Share More in Your Community <u>https://www.shareable.net/how-to-share/</u>

Personal Safety Nets: <u>https://personalsafetynets.com/.../personal-safety-nets-book</u>

Disaster Collectivism: How to turn community spaces into hubs for resilience and mutual aid https://www.shareable.net/the-resilience-we-want/

"How can we make our neighborhoods more resilient to disasters and other disruptions? What initiatives and communities can we learn from? How can we turn existing community spaces into resilience hubs that can serve the community in an uncertain future?

We created "The Resilience We Want: A guide to making your community space into a hub for local resilience & mutual aid" to help groups all over the world develop answers to these basic questions.

As we learned from friends in Puerto Rico rebuilding after Hurricane Maria, and in places around the world, people take pride in their neighborhood by organizing around a wide variety of community spaces. Resilience comes from the social cohesion that forms when people organize in response to real needs.

However, we found a blind spot: most communities approach resilience in terms of disasters and what-if scenarios and they don't consider current situations. "Disasters give us urgent problems to solve, and we're comfortable with that," said Willow Brugh, a community response strategist formerly with Geeks Without Bounds and FEMA's Field Innovation Team. "But resilience is about realizing that there are more important problems we can choose to solve. Talking about disasters is boring, compared to resilience!"

This 12-page guide introduces the vision and model of a resilience hub, a place where neighbors can deepen a sense of belonging, learn new skills together, provide for basic needs, prepare for disasters, and build a more inclusive and joyful community.

The guide includes:

Six key strategies for co-creating a vision and plan for your space, Six case studies of people are building resilience hubs in different ways, Instructions on how to co-host your first and second gatherings, and A checklist to collaborate with your neighbors."

Disaster Collectivism Archives - Shareable Excellent series of articles on 'disaster collectivism'. https://www.shareable.net/series/disaster-collectivism/

Mutual Aid Disaster Relief

https://mutualaiddisasterrelief.org

"a grassroots network whose mission is to provide disaster relief based on the principles of solidarity, mutual aid, and autonomous direct action. By working with, listening to, and supporting impacted communities, especially their most vulnerable members, to lead their own recovery, we strive to build long-term, sustainable and resilient communities. Mutual Aid Disaster Relief responds to disasters, educates about community organizing as disaster preparedness and collaborative neighborhood crisis response, collects and disseminates lessons learned in the field, and supports and provides a connective tissue between other grassroots groups doing response work.

Mutual Aid Disaster Relief includes activists who have been involved in a variety of disaster responses, have experience doing educational work and network building, and have and continue to support their own communities' mutual aid based projects and justice work. We are witnessing and adding to a movement of responders who provide an alternative to the government's and nonprofit industrial complex's hierarchical, charity-based model of response, which preserves the status quo and profits off the disasters it creates. Instead, Mutual Aid Disaster Relief is solidarity-based, relationship-based, participatory, and rooted in the understanding of disaster relief work as justice work whose larger aim is survival, self-determination, and collective liberation.

Mutual Aid Disaster Relief is a decentralized network, defined by the character and creativity of a multitude of communities and drawn together by our collective commitment to stand in solidarity with those impacted by disasters and turn the tide in favor of climate justice. It is a moving, growing, contracting, organic, dynamic milieux of like-minded yet diverse people. Our network is not so much a standing

army of volunteers as an interlocking web of individuals, affinities, and relationships, some already acting, many more holding the potential energy to act when a disaster strikes. The fluidity and amorphous nature of our network allows us to adapt to shocks and changing circumstances, and support different contexts in unique ways.

We understand that connecting with diverse communities and learning from each other every day is one of our greatest strengths, and countless informal networks already exist, with more forming every day. Mutual Aid Disaster Relief is just one tiny little branch of this swiftly growing super-organism, and is comprised of people committed to supporting the growth of the greater autonomous, mutual aid based disaster response movement by seeking to encourage more connections, inspire newcomers, and facilitate learning of important skills and tactics, all while contributing to disaster survivor's well-being and self-determination."

Guidelines for group facilitation of a mutual aid group, from the Icarus Project. <u>https://mindfuloccupation.org/peer-support-and-mutual-aid/</u>